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Rowe v. Ray Civil Action No. 3:19cv418

**EXHIBIT B** 

## A Call To Action:

We Need A Peaceful Rally To Protest And Raise
Public Awareness About The Mistreatment, Neglect, And
Human Rights Abuses Of Incarcerated Citizens In
Sussex II State Prison

By Uhuru Baraka Rowe, Founder

Free Virginia Movement

May 4, 2018

The Free Virginia Movement (FVM) is calling for a peaceful rally to be held on May 25, 2018, from 12pm-3:30pm, in front of the Virginia Department of corrections (VADOC) Headquarters, located at 6900 Atmore Drive, in Richmond, Virginia. The purpose of this rally is to bring together our family and friends, as well as abolitionists, prisoner advocacy groups, human rights groups, community and student activists, and other concerned citizens to protest and raise public awarness about the mistreatment, neglect, and human rights abuses incarcerated citizens are subjected to on an ongoing basis at sussex I State Prison in Waverly, Virginia. This protest-rally will coincide with Goal/Demand #16 of the FVM which says, "WE WANT the Abolition of any VADOC policy, practice, or procedure which violates the human/constitutional rights of incarcerated people and endangers / hinders their spiritual, mental, emotional, and physical health and well being and rehabilitation efforts? The Issues that this protest-rally will address includes, but are not limited to, the following: (Other protest rallies will be scheduled lin the future to address additional issues).

1. Severe understaffing. Sussex I State Prison (sasp) is so Critically understaffed that, for the last six months, prison authorities have resorted to bussing in guards from other prisons around the state to temporarily fill vacancies. This critical understaffing is the result of quards quitting because of a toxic work environment created by Warden Tracy S. Ray, Assistant Warden T. Darden, and Operations Manager T. L. Birckhead; as well as guards being terminated because of misconduct. Standard 4-4052 of the American Correctional Association, the nations largest corrections association and accreditation agency, suggest that the Vacancy rate of a prison not exceed 10 percent. We have estimated that the vacancy rate at SZSP exceeds 30 percent. There are days when only three guards are on duty in a Housing Unit which houses 352 inmates. As a result of this critical understaff ing, our out-of-cell recreation has been greatly reduced, resulting in us being locked down inside our cells for as long as 20-22 hours a day. Because understaffing was one of the main contributing factors of the T-hour riot at the Lee Correctional Institution in Bishopville, South caroling on May 16, 2018, which left 7 inmates dead and over 20 others injured, our lives and safety are also in jeopardy because of the same understaffing here at Sasp. Because Sasp is critically understaffed, and thus is unable to ensure our safety and provide us with adequate recreation; these are conditions which violates our constitution. right under the 8th Amendment to be free from cruel and unusual punishment and must be shut down!

2) Unnecessary deaths. Since November of 2016, over 12

incorrerated citizens have died preventable deaths here at S2SP. None of these deaths were reported to the media. In the interest of transparency and the public trust, WE demand that the VADOC hold a press conference where the names and causes of death of each of these incorrerated citizens will be released to the media and the general public.

- 3) Unhealthy and nutritiously deficient diet. Prison guards at Sasp are fed fresh fruits and vegetables on a doily basis in the prison's staff feeding area BUT the same is denied to its incar-cerated citizens. Such a poor diet, deficient in vitamins and minerals from fresh fruits and vegetables causes severe mal-nourishment, lethargy, depression, fatigue and other physiological/psychological side effects which constitutes a violation of the 8th Amendment's ban a gainst cruel and unusual punishment. As a general practice, we are served artificially flavored/sweetened juice as a substitute for fresh fruits. On those rare occasions when we are served fruits and vegetables, they are either rotten, spoiled, or steamed-leaving them with little to no nutritional value or health benefits. So WE demand a healthy and nutritious diet, complete with fresh fruits and vegetables, which is indispensable to the growth, development, and proper fuctioning of a healthy human being.
- 4) Contaminated and discolored drinking water. Incarcerated citizens at S25P are forced to drink water that is discolored and foul tasting and foul smelling, as a result of it being contaminated with dirt and high levels of rust, lead, iron, manganese, and other unknown contaminants. Forcing us to drink

these practices occur with the full knowledge and consent of Operations Manager T. Birckhead - who oversees the grievance department here at Sasp-for the purpose of maintaining a Strict code of silence and secrecy among VADOC employees; covering up staff misconduct and other instances of mistreatment, neglect, and human rights abuses; shielding VADOC employees from accoutability; and hindering us from filing civil suits against the VADOC. (Before we can: file a federal civil suit against the VADOC, we must first exhaust all available administrative remedies to the highest level. Administrative grievance remedies cannot be exhausted if grievances are thrown into the trash or rejected by the grievance coordinator for bogus reasons). Because of the high level of corruption surrounding the Grievance Department here at Sasp, WE demand an independent (non-VADOC employed) Grievance Coordinator be established for this prison. This independent Grievance Coordinator shall receive and investigate any allegations of mistreatment, misconduct, neglect, and human rights abuses perpetrated by prison officials, and shall report any findings of fact and conclusions of any investigations Hirectly to the Governor of Virginia.

6) Group punishment. It is standard practice at S2SP, a practice approved by Warden Tracy S. Ray, to punish all incarcerated citizens as a group because of the misbehavior of one or more people. If there is a disturbance (e.g. a fight) between two people in a pod, the entire pod or housing unit is placed on lockdown and any earned privileges accrued, via the Evidence Based Practice Individual Incentive Plan, are revoked

for an extended period of time even after those responsible have been placed on segregation. If a weapon is found during a cell search, the entire pod or housing unit is placed on lockdown with privileges rescinded even after the person responsible for the weapon is removed and placed in segregation. Warden, Tracy Ray, and former Assistant Warden, M.A. Bailey, even distributed a July 29, 2016 memo advising us that in-person contact visits with our loved-ones will be cancelled for an entire pod or housing unit based on the number of individuals testing positive for drugs, possessing drugs, or conspiring to possess drugs. What these instances show is that whenever one or more individuals break prison rules, we are punished as a group. However, VADOC operating Procedure 866.1 forbids us from submitting group complaints and petitions to redress our grievances. Instead, we are instructed to redress our grievances as individuals although we are consistently punished as a group! This is unfair, unjust, and violates prison policy set forth in the offender Orientation Manual (OOM) which states that individual rights and privileges should not be revoked "without cause! Also, holding the majority accountable for the actions of a few fosters an environment where a potentially violent conflict can arise between those complying with prison rules and those who do not. Those who follow prison rules may view those who do not as the cause of their suffering when their privileges are rescinded. Creating such a volatile environment violates prison policy set forth in the OOM which says that "The function of Sussex 2 State Prison is to provide a safe and secure environment ... " Because group punishment Unfairly and unjustly punishes the prison population as a whole

for the actions of a few individuals; results in our individual privileges being rescinded without cause or due process; and fosters an unsafe environment where there's potential for violence, WE demand an immediate end to the use of group punishment as practiced here at S2SP.

7) Inadequate medical care. Medical services here at S2SP are contracted out to a private, for-profit corporation Known as Armon Correctional Health Services, Inc. (Armor), This contract is based on the "capitated financing" model where Armor receives a fixed amount money, per prisoner, from the VADOC regardless of the medical treatment required. Under this model, Armor can predict its level of profit depending on the level of care th provides to incarcerated citizens. In other words, the less treatment and care Armon provides, the greater its profits. This capitated financing structure incentivizes substandard medical care and has resulted in the systematic dental of adequate medical care e.g. delayed responses to our sick call requests; delays in the diagnosis and treatment of our illnesses; failure to refer us, or the delay in referring us, to outside specialists; failure to carry out a specialist's prescribed course or method of treatment; and an almost complete denial of dental treatment. As the U.S. Supreme Court held in Brown v. Plata, 131 S.Ct. 1910, 1928 (2011) C Prisoners are dependent on the State for food, clothing, and necessary medical care. A person's failure to provide sustenance for finmates may actually produce physical torture or a lingering death" Because such conditions as we are suffering from here at Sasp due to medical neglect is a violation of the

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